



ALLERGEN CHART

AT RUTH'S CHRIS STEAK HOUSE, WE ARE COMMITTED TO THE SAFETY AND WELL-BEING OF OUR GUESTS. WHILE WE STRIVE TO IDENTIFY INGREDIENTS THAT MAY CAUSE ALLERGIC REACTIONS AND TRAIN OUR TEAM ON THE IMPORTANCE OF ALLERGEN AWARENESS AND CROSS-CONTACT PREVENTION, PLEASE BE ADVISED THAT ALLERGENS ARE PRESENT IN OUR KITCHENS. AS A RESULT, WE CANNOT GUARANTEE THAT ANY MENU ITEM WILL BE COMPLETELY FREE OF ALLERGENS.

*IF YOU HAVE A FOOD ALLERGY, WE ENCOURAGE YOU TO SPEAK WITH A MANAGER
SO WE CAN HELP YOU MAKE AN INFORMED DECISION ABOUT YOUR MEAL.*

● CONTAINS ALLERGEN

	GLUTEN	SOY*	DAIRY	FISH	SHELLFISH	TREE NUTS	PEANUTS
APPETIZERS							
Seared Ahi Tuna	●	●		●			
Barbecued Shrimp	●		●	●	●		
Mushrooms Stuffed with Crabmeat	●		●		●		
Spicy Shrimp	●				●		
Calamari	●		●		●		
Veal Osso Buco Ravioli	●	●	●	●		●	●
Sizzling Crab Cakes	●		●		●		
Shrimp Cocktail				●	●		
Shrimp Remoulade				●	●		
Seafood Tower				●	●		
Black & Blue Lettuce Wraps		●	●				
Lamb Lollipop Chops							
Fried Oysters	●				●		
SALADS & SOUP							
Caesar Salad	●		●	●			
Lettuce Wedge			●				
House Salad	●						
Harvest Salad	●		●			●	
Ruth's Chop Salad	●		●				
LUNCH - Southwest Steak Salad	●		●				
LUNCH - Seared Ahi-Tuna Salad	●		●				
LUNCH - Chicken Cobb Salad							
Louisiana Seafood Gumbo	●	●	●		●		
DRESSINGS							
Dressing: Blue Cheese			●				
Dressing: Balsamic Vinaigrette							
Dressing: Ranch	●		●				
Dressing: Thousand Island							
Dressing: Creamy Lemon Basil							
Dressing: Remoulade				●			
Dressing: White Vinaigrette							

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	GLUTEN	SOY*	DAIRY	FISH	SHELLFISH	TREE NUTS	PEANUTS
ENTREES							
Barbecued Shrimp Entree	●		●		●		
Garlic Crusted Sea Bass	●		●	●			
Salmon Fillet			●	●			
Stuffed Chicken Breast	●	●	●	●			
LUNCH - Filet & Shrimp			●		●		
LUNCH - Filet			●				
LUNCH - New York Strip			●				
LUNCH - Sizzling Blue Crab Cakes	●		●		●		
LUNCH - Salmon Fillet			●				
LUNCH - Veal Osso Buco Ravioli	●	●	●	●		●	●
LUNCH - Stuffed Chicken Breast	●	●	●	●			
STEAKS & CHOPS							
Filet			●				
Petite Filet			●				
New York Strip			●				
Ribeye			●				
T-Bone			●				
Cowboy Ribeye			●				
Pork Chop			●				
Tournedos & Shrimp			●		●		
Lamb Chops		●	●				
Bone-In Filet			●				
Porterhouse			●				
Tomahawk Ribeye			●				
ENTREE COMPLEMENTS							
Lobster Tail			●		●		
Shrimp			●		●		
Oscar	●		●	●	●		
Bourbon Street	●		●	●	●		
Blue Cheese Crust	●		●				
Bearnaise Sauce			●	●			
Hollandaise Sauce			●	●			

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	GLUTEN	SOY*	DAIRY	FISH	SHELLFISH	TREE NUTS	PEANUTS
SANDWICHES							
LUNCH - Classic Club Sandwich	●		●				
LUNCH - Grilled Chicken Sandwich	●		●				
LUNCH - Ruth's Prime Burger	●		●				
LUNCH - Steak Sandwich	●		●				
SIGNATURE SIDE							
Lobster Mac & Cheese	●		●		●		
POTATOES							
Au Gratin	●		●				
Lyonnais Potatoes			●				
Garlic Mashed Potatoes			●				
Baked Potato, Loaded			●				
Julienne Fries							
Sweet Potato Casserole	●		●			●	
VEGETABLES							
Cremeni Mushrooms			●				
Creamed Spinach	●		●				
Fresh Broccoli							
Grilled Asparagus							
French Fried Onion Rings	●		●				
Roasted Brussels Sprouts			●				
LUNCH - Sautéed Vegetables							
CHILDREN'S MENU							
Grilled Cheese	●		●				
Hamburger	●						
Cheeseburger	●		●				
Chicken Fingers	●		●				
Grilled Salmon			●	●			
Filet Medallion			●				

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	GLUTEN	SOY*	DAIRY	FISH	SHELLFISH	TREE NUTS	PEANUTS
DESSERTS							
Cheesecake	●		●				
Warm Apple Crumb Tart	●		●				
Chocolate Sin Cake		●	●				
Creme Brulee			●				
Bread Pudding with Whiskey Sauce	●		●				
Chocolate Mousse Cheesecake	●		●				
Fresh Seasonal Berries with Sweet Cream Sauce			●				
Vanilla Ice Cream			●				
Seasonal Sorbet							

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